

# Advancing migraine care 2026



Theme: Advancing Migraine Care I - Duration: ~1,5 hours

Date: **Monday 18<sup>th</sup> May 2026, 17:00-18:30** Central European Time (CET)

Time	Proposed title	Chairpersons
17:00	Opening and Welcome	<p><b>Dr. Tomáš Nežádal,</b> Head of Czech Headache Society, Institute of Neuropsychiatric Care, Military University Hospital, First Faculty of Medicine, Charles University, Prague, Czech Republic</p> <p><b>Prof. Dimos Mitsikostas (Greece),</b> Head of Hellenic Headache Society, Focus: Brief introduction of webinar objectives and welcoming participating HCPs from all countries.</p>
17:00 - 17:30	<b>Topic 1</b> Evidence to Practice: How 7 Years of Fremanezumab RWE Is Redefining Migraine Care Standards	<p><b>Prof. Filipe Palavra,</b> Neurologist and Neuropediatric specialist , President of the Portuguese Headache Society</p> <p><i>Focus: on how long-term real-world evidence—including findings from major datasets such as PEARL—has strengthened clinical confidence, reshaped treatment expectations, and contributed to the evolution of guideline recommendations.</i></p> <p><b>Discussion: 10 min</b></p>
17:30 - 18:00	<b>Topic 2</b> The Hidden Burden: Migraine and Psychiatric Comorbidities	<p><b>Dr. Michalis Vikelis,</b> MSc in Headache Medicine, PhD, Neurologist, Headache Specialist ,GRASP (Greece)</p> <p><i>Focus: Tailoring therapy for comorbidities (MDD, anxiety, sleep disorders – UNITE Study Data); practical case examples.</i></p> <p><b>Discussion: 10 min</b></p>
18:00 - 18:30	<b>Topic 3</b> Migraine Management Across Female Life Stages	<p><b>Dr. Adina Roceanu,</b> University Emergency Hospital Splaiul Independentei Neurology, Senior Scientific Researcher Grade II, Treasurer of the Romanian Society of Neurology</p> <p><i>Focus: Hormonal influences during puberty, pregnancy, menopause; treatment adaptations.</i></p> <p><b>Discussion: 10 min</b></p>

# Advancing migraine care 2026



Advancing Migraine Care II - Duration: ~1,5 hours

Date: **Monday 25<sup>th</sup> May 2026, 17:00–18:30** Central European Time (CET)

Time	Proposed title	Chairpersons
17:00	Opening and Welcome	<p><b>Dr. Tomáš Nežádal</b>, Head of Czech Headache Society, Institute of Neuropsychiatric Care, Military University Hospital, First Faculty of Medicine, Charles University, Prague, Czech Republic</p> <p><b>Prof. Dimos Mitsikostas (Greece)</b>, Head of Hellenic Headache Society, Focus: Brief introduction of webinar objectives and welcoming participating HCPs from all countries.</p>
17:00 - 17:30	<b>Topic 1</b> Navigating the Gut-Brain Connection	<p><b>Koraljka Bačić Baronica MD, PhD</b>, Neurologist and docent at the University of Zagreb, Head of the clinic for Migraine and Pain syndromes at University Hospital Sveti Duh (Croatia)</p> <p><i>Focus: Gut microbiome's role in migraine; emerging therapeutic strategies.</i></p>
17:30 - 18:00	<b>Topic 2</b> Managing Migraine in Patients with Multiple Comorbidities	<p><b>Dr. Nikolett Szabó</b>, Senior Lecturer in the Department of Neurology at the University of Szeged, Hungary</p> <p><i>Focus: Overview of key comorbidities (cardiovascular, metabolic) and treatment impact. Clinical Challenges: Polypharmacy and Treatment Conflicts</i></p>
18:00 - 18:30	<b>Topic</b> Cross-Country Perspectives in Migraine: Shaping Clinical Guidelines for Early Treatment with Effective Agents	<p><b>Andrej Fabjan</b>, MD, PhD, Assistant Professor Neurology Clinic, University Medical Centre Ljubljana, Slovenia</p> <p><i>Focus: Early migraine intervention reduces disability and prevents progression, and although guidelines now favor proactive, stratified care over step-care, broader adoption still requires overcoming access, reimbursement, and clinician-level barriers through education and supportive policy.</i></p> <p><b>Discussion: 10 min</b></p>
18:30	Wrap-up & Closing Remarks	Chairpersons summarize key takeaways and thank participants.